



Overview of Services

- Psychiatric evaluation/education
- Case Management
- Multi-disciplinary treatment team
- Medication services & monitoring
- Linkages to community services
- Individual treatment planning
- MICA Services
- Psycho-pharmacology
- Relapse Prevention
- Individual, group & family counseling
- Pre-vocational work units
- Crisis screening and intervention
- Transportation Services
- Home visits and outreach services
- Basic literacy/life skills training
- Daily Reality Orientation
- Creative Arts, Drama & Music Groups
- Conflict Resolution Skills Training
- Stress Management Skills
- Computer Skills
- Recreational & social activities
- Health & nutritional services
- Special Holiday programming
- Specialized Services for DDD Clients

General Information

Admission Criteria

- New Jersey Resident
- Medicaid Recipient
- Aged 18 and over
- History of mental illness
- History of psychiatric hospitalization or risk of same

Program Hours

Monday through Friday
9:30 AM - 4:00 PM

Transportation

CCBH van transportation is provided for clients living in the vicinity of the respective program.

Meals

CCBH will also provide at no additional cost the following:
AM Snack • Lunch • PM Snack

COMMUNITY CARE BEHAVIORAL HEALTH

is located in 3 convenient locations:

131 ETHEL ROAD WEST
PISCATAWAY, NJ 08854
732-572-4666 • FAX 732-572-9304

3443 ROUTE 9 NORTH
FREEHOLD, NJ 07728
732-462-5553 • FAX 732-462-5305

2539 ROUTE 10 EAST
MORRIS PLAINS, NJ 07950
973-540-9550 • FAX 973-540-9875

www.communitycare.us



Community Care

Behavioral Health

The Door is
Always Open

Scope and Purpose

Community Care Behavioral Health is a psychiatric partial care program regulated by The Division of Mental Health Services and The Division of Medical Assistance and Health Services. It serves adults with a serious mental illness through a comprehensive array of treatments that include counseling, case management, psychoeducation, pre-vocational, social, therapeutic recreational, and psychiatric services. Community Care welcomes:

- The persistently mentally ill client
- The MICA client
- The Dually Diagnosed MI/DDD client
- The special needs client

Program Goals

- 1 To develop and implement an individualized treatment plan that will increase stabilization potential and level of functioning in the community.
- 2 To empower each individual to develop the skills necessary to improve the quality of their life and attain optimal self-satisfaction.
- 3 To maintain standard of excellence, quality, integrity and professionalism with the program and the community.

Program Description

The therapeutic community setting enhances groups and activities designed to foster personal and interpersonal skill development, vocational work skills and socialization skills. The program offers a wide variety of modules in which to participate.

- Alcohol & substance abuse education
- Women's & Men's Issues
- Psychoeducation - Basic skills
- Computer skills - Health Awareness
- Community Living Skills
- Grooming & Hygiene
- Exercise & Relaxation
- Multicultural Awareness
- Anger Management

The Staff

The multi-disciplinary treatment team is made up of clinically trained, experienced and caring staff. The team consists of:

- Psychiatrist • Psychiatric Nurse •
Masters Level Mental Health Clinicians •
Case Managers • Mental Health Workers •
MICA Counselor • Phlebotomist



Pre-Vocational Services

Pre-vocational services provide a structured environment designed to develop good generic work skills, increase confidence, improve abilities to concentrate and remain focused; while relating appropriately to both supervisors and co-workers through improved interpersonal skills.

The Work Units

Clerical Units

Functions include writing and designing the program newsletter, learning about office procedure and equipment, improving general computer skills, resume writing and interviewing skills.

Concentration and Focus Unit

To improve generic work skills for clients having difficulty concentrating and remaining focused. Functions include completion of written and reading assignments and group projects.

Maintenance Unit

Functions include household, office & grounds keeping skills, learning to work with others as part of a team, and learning to work independently.

Special Needs Program

Provides psychiatric day programming for clients that have a history of being unable to sustain participation in other mental health partial care or DDD day programs due to behavioral problems or difficulty with limited attention span and concentration.